

Achieving more at the 2013 Guider Symposium!

www.guidesquebec.ca
guidesquebec.wordpress.com

100 Alexis-Nihon, Suite 270
 Saint-Laurent, Québec
 H4M 2N7
 (t) 514-933-5839
 (f) 514-933-7591
guides-quebec@bellnet.ca



The pictures are finally here! Look inside for more links and details about the event

Highlights:

- [Summer Camp News](#)
- [Membership Growth Contest Winners](#)
- [Canadian World Friendship Fund Pizza Challenge](#)
- [Event for Pathfinders and Rangers](#)

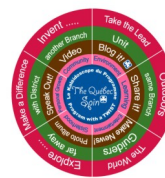
Inside this issue:

Upcoming Events	2
Symposium Wrap-Up	6
Membership Growth	10
International News	11
International Guiding	12
Property Committee News	13
Summer Camp News	14
Wa-Thik-Ane News	17
Camping Corner	18
Training News	19
QC Spin Stories	20
Cookie News	21
QC Arts Treasure Chest	22
First Aid Courses	24
Safe Guide News	25
Treasurer's Trove	26
News from the Office	27
Event Calendar	29

1st St-Lazare Guides use the Québec Spin to reward some awesome programming ideas!



Given that 2012 was a big year for the Canadian space program, the 1st St Lazare Guides decided to focus on the Aeronautics and Science badges in Beyond You—the program area they're working on this year. They even dressed in spacesuits, pretending to be in a photo with Chris Hadfield, for his online photo competition. Read more [here](#)



VOTE for their photo online, share it on Facebook and help spread the word!



The **2013 Montreal St. Patrick's Day Parade** will be **Sunday, March 17**

This has always been a popular event for Girl Guides and once again we will have a walking Unit in the parade this year. It is a great opportunity to show off our flags and be seen. We are permitted a maximum of 100 participants so if you would like to walk in the parade with your Unit, please register with us so that we can keep track of the number of participants. Parents and siblings are welcome, but no pets. Wagons are useful for Sparks; it is a long route.

So polish the brass on your flags, unfurl your banners, and show off your Irish green pompoms, everyone loves a parade!

A St. Patrick crest will be available for a cost of \$2. The money will be collected at the parade where the crests will be distributed. Those registered will get more info about where and when the line-up is on parade day.

Please send the info requested below to Angela by February 21: awheltonquinn@gmail.com

Unit name:

Name of Contact Guider:

Phone number:

e-mail:

of participants:

of crests @ \$2:

SEE YOU THERE!



défi aventure adventure trek



Sunday, May 5, 2013

10 a.m. - 3 p.m.

It's FREE! Come and join us!

Parc Régional de Longueuil - Michel Chartrand

1798 rue Adoncour, Longueuil, QC

Let's get together and celebrate the end of yet another fantastic Guiding year! All family and friends are invited to experience a taste of all that Guiding has to offer. This outdoor Guiding Trek is full of activities that will surely entertain. You'll get to experience activities such as geocaching, get a taste of what to expect at Camp Wa-Thik-Ane, learn about science and how to help the environment with our service project, have a try at Zumba and so much more!

**This is THE event of the year you won't want to miss out on!
So invite your friends and family to come and celebrate with us.**

Contact **Amber LeBrun**
with any questions.
amberlerbun@hotmail.com,
514-296-8811



***You are one in 10 million:
Inspiring you to make connections with the world***

For all Pathfinders, Rangers and Link-aged members

Saturday, May 11, 2013

10 a.m. – 4 p.m.

Mountainside Church

687 Roslyn, Westmount, QC, H3Y 2T7

We are happy to announce that this year's guest speaker will be
Katelyn Bateman – Founder of Amélioration Jeunesse Internationale

The Young Women's Forum is a day to share and be inspired by one another. This hands-on interactive day is a chance for you to help **shape the future of Guiding in Québec**. It's a chance to **have your say** on the topics that are meaningful to you and to learn from others as well. This will be a day of **fun and friendship** and an experience you won't want to miss.

For more information, contact Amber LeBrun: amberlebrun@hotmail.com or

Diana Rice: ricedi1981@gmail.com

LISTEN UP! And GET INVOLVED!

How do whales and dolphins
communicate?



Why is the sound
so bad at concerts?



Why do my iPod earphones hurt my ears?

The answers to these questions are found in the science of sound! Come explore the wonders of acoustics and the exciting future possibilities linked to sound!

The International Congress of Acoustics and Acoustical Society of America are pleased to offer a special one-time workshop for Pathfinder Girl Guides in the Montreal area during their international conference. Girls will enjoy hands-on experiments and learn about opportunities from women scientists, engineers and professors from all over North America. Girls earn a patch while having a fun night. Pizza will be served to participants, so please let us know if you have any food allergies.

Date: Wednesday, June 5, 2013
Time: 5:30 p.m. – 7:30 p.m.
Where: Palais des congrès de Montréal
Fee: FREE, except for parking costs
Registration deadline: May 1, 2013

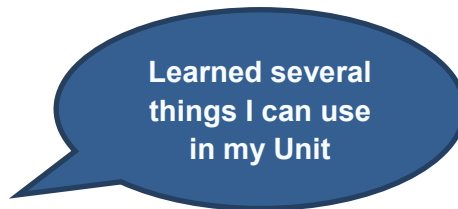
- Space is limited, so register early!

Email info@guidesquebec.ca to register for this once-in-a-lifetime experience. Include Guider name and contact information, Unit name and number of girls attending. (Third-year Guides accompanying Pathfinders are welcome too!)

Symposium Wrap-Up



The feedback from the workshops was - well, here are a few comments!



These are just a few of the comments that we received from participants. The [pictures](#) tell an even better story!

The registration for this year's symposium was 160 participants out of 400 adults or 40% of adult members in the province - a very strong registration indeed. In spite of the wintery weather, we had a very high number of participants on the day of the symposium. It may have been cold and snowy on the outside but it was warm with the sisterhood of Guiding on the inside.

The workshops in the morning offered 10 topics of choice and the afternoon workshops were focused on the **Girl-Guider partnership** – or as some Guiders put it –

- ⇒ “It’s about being a leader and not the boss”
- ⇒ “Interpretation of leadership from a girl point of view and what it means to her”
- ⇒ “Partnership can happen even at the Spark level”
- ⇒ Need to “try and understand how the girls see the leaders”
- ⇒ “Important to have group involvement”

To take a look at some of the workshop material, follow the links on pages 8 and 9.

Unveiling...

Girl Leadership Report – Results of Girl Leadership in Québec

Our very own Girl Leadership report was unveiled at the symposium. This report which has been sent to over 100 media outlets tells the story of how Girl Guides builds girl leadership skills and introduces our four Brand Ambassadors – women who have ‘grown up’ in Guiding and credit their success today to the skills they learned as a girl. Our Brand Ambassadors are:

- ◆ Sarah DiMilo – Co-DC - Riverview - Teacher
- ◆ Debbie Frail – President, Montréal Consulting – Former Guider Lakeshore District
- ◆ Lorraine Hamel – Guider – Riverview District – University Student - Sciences
- ◆ Tania Tautkus – Co-DC – Riverview District – University Student – Engineering

Please share this important report with your parents and anyone who you might like to convince to become involved in Guiding – it tells our Guiding story.

Download *Girl Leadership: Results of Girl Guide Programming in Québec:*

[English](#) | [French](#)

And with much thanks...

All of this could not have happened without the help of a great number of Guiding ladies – so please take a bow!

Susan Sayer, Annette Levasseur, Sinclair Harris, Nancy Duffina, Joanne Cardinal, Rachel Bachman, Hannah Quinn, Nancy Shaw, Louise Triggs, Angela Quinn, Lyne St.-Jean, Connie Morgenstern, Kelly Vandzura, Robin Goudreault, Anne Murray, Carole Blais, Heather Martin, Diana Rice, Joan Lax, Valerie Robb-McKay, Melissa McKay, Deborah Dumoulin, Lorraine Hamel, Genell Tonge, Shannon Lemm, Pauline Owczar, Elaine Keeble, Tracey Brennan, Dawn Coffey, Shelia Norman, Debbie Paish

And of course, the Symposium Organizing Team:

Susan Welsh, Rebecca Purver, Nina-Marie Bournival, Amber LeBrun, Elaine Keeble, Cecelia Cherry, Jennifer Bouchard, Valerie Zaloum, Louise Triggs, Pam Godfrey, Pamela Rice

If we all work together towards a common goal, we can achieve great things.




We are here for the girls and we are here for each other.

That's what makes guiding fun and it's what keeps us coming back for more.



Here's a taste of the workshops that were offered with links to relevant resource material:

WORKSHOP	DOCUMENTS	TOPICS
<p>A Taste of... Residential Camping</p>	<p>‘Introduction to Residential Camping’ – prepared by Sinclair Harris, Annette Levasseur, Susan Sayer</p>	<ul style="list-style-type: none"> * Camp planning timeline, checklist and sample budget template * Sample gear list * Sample camp itinerary * Tips for involving the girls * Camp themes, program ideas, menu planning * Commonly used Québec camping locations
<p>A Taste of... Guiding on a Cloud</p>	<p>‘Guiding on a Cloud Tools – User Guide’ – prepared by Rachel Bachmann</p>	<ul style="list-style-type: none"> * Google Contacts/Groups * Google Calendar * Google Drive
<p>A Taste of... Embracing and Managing Differently-abled Girls</p>	<p>‘Learning Disabilities’ – prepared by Liliane Yiptong, Special Education Consultant at the English Montreal School Board</p> <p>‘Leading the Way: Autism-Friendly Youth Organization Guide’ – prepared by Autism Speaks</p> <p>‘Autism Spectrum Disorders: A Parent’s Guide...’</p> <p>Dr. Ken Shore’s Classroom Problem Solver: Checking the Chatterer</p> <p>‘Positive Youth Development’ – developed by Jim Lindstrom, Washington State University</p> <p>‘Behavioral Difficulties’ (list of strategies)</p> <p>‘Bullying: Information for Parents and Teachers’ – prepared by the Centre for Children and Families in the Justice System</p>	<ul style="list-style-type: none"> * Behavioral difficulties and strategies * Attention deficit with or without hyperactivity * Language disabilities * Possible adaptation measures * Bullying

WORKSHOP	DOCUMENTS	TOPICS
<p>A Taste of... STEM (Science, Technology, Engineering, Math)</p>	<p>Challenge booklets prepared by the BC Program Committee:</p> <p>BC Science STEM Challenge</p> <p>BC Technology STEM Challenge BC Engineering STEM Challenge</p> <p>BC Math STEM Challenge</p> <p>‘The Space Place: Make a Balloon-powered Nanorover!’ from http://spaceplace.nasa.gov/muses1.htm</p> <p>‘Explore Water’ – prepared by GGC and Environment Canada</p> <p>Dodecahedron 2013 calendar template – Jan-Jun</p> <p>Dodecahedron 2013 calendar template – Jul-Dec</p>	
<p>A Taste of... Putting the ‘WOW’ in Camping</p>	<p>Make a Pizza Box Solar Oven</p> <p>The Cardboard Box Oven A Few Easy Meals for your Box Oven</p> <p>Knots Reference Guide</p>	
<p>Toolbox for the Girl-Guider Partnership: Pathfinders / Rangers</p>	<p>‘Facts about your girls’</p>	

Click [here](#) to view the complete photo album from the day!



Membership Growth

Registration numbers as of February

Our official registration for girls hit 1 757 on January 31. This is a 3% short fall from last year, after a 12% growth rate between 2011 and 2012. It was a challenge to get to 1 757 girls and thank-you for getting us this far. Our target was 1 950 girls. As membership growth is a key priority, this will continue to be high level of focus for our province.

1 757 girls

Why?

The more girl members the more we positively impact the lives of girls in our communities – ‘taking action for a better world’. We also need to meet our targets for financial sustainability.

Membership Growth Contest Results!

Unit

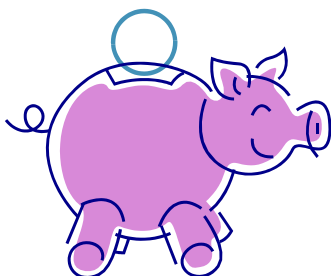
with the most new girls

Dorval South Sparks

Prize:

\$150 for the Unit

\$30 per Guider for shopping at the on-line e-store



District

with the most new girls

Valois-Dorval

Prize:

New Netbook laptop



CONGRATULATIONS



HAPPY WORLD THINKING DAY!



CANADIAN WORLD FRIENDSHIP FUND PIZZA CHALLENGE



February is the month that most of us raise our money for the CWFF. We have a challenge for Units who raise money. There will be two pizza parties awarded up to the value of \$100 each. The first will go to the Unit that has the year's most novel way to raise the funds so get those creative juices running! The second party is for the Unit that raises the most money per person registered in the Unit, including the Guiders.

Please send the information below to pam.brown.godfrey@gmail.com. You can copy and paste the text into the body of an email or click [here](#) for a form and send it as an attachment.

Your funds will be sent in the usual way, via your District Treasurer.

The deadline is April 30, 2013

Unit Name _____ District _____

Sparks Brownies Guides Pathfinders Rangers

Number of registered members (including Guiders) _____

Amount of money raised _____ please forward your money to your District Treasurer)

Contact Guider Name, e-mail and phone number _____

How the funds were raised. Did the girls come up with the idea?

International Guiding

-Sometimes as simple as an e-mail!

This time of year is celebrated in countries the world over – it is Carnival time! Since it is also our Thinking Day season, this note from a Guider in Greece was timely:



“In my town, Patras, we have the largest and most historic Carnival in Greece. During Carnival time, we are playing, for more than 45 years, a Wide Game that lasts many days called *the Game of the Hidden Treasure*. One of the demands this year is to find and bring posters of official Carnival events of 2013 from other cities abroad. The posters must be the original, in a sealed envelope sent from the place where the event takes place.”

Needless to say, a Québec Carnival program was mailed to Greece, to a Sister in Guiding, Hara Antiochou, wishing her luck in the game!



Speaking of Carnival, we can't forget about Gemma W. from the 2nd Strathmore Guides who got to be queen of Dorval's winter carnival this year, posing here with Valois-Dorval's District Commissioner Charyl Hyndman.



Carnival was a big theme discussed in the “Taste of... Québec in Programming” session at Symposium. Thanks to all the women who participated in the discussions! More will come of your efforts!

CONGRATULATIONS

MARK YOUR CALENDARS



Wa-Thik-Ane Camp Opening & Clean-up Day



Saturday, May 11, 2013

**Make a day of it!
Many hands are needed to help out.
MORE DETAILS TO FOLLOW**

Campsites are filling fast. We still have sites available for May 18-20, May 25-27, June 22-24, June 29-July 1 and July 6-8. Don't forget about Cree.

Get your **e-cause bags**. Use them as a ditty bag for your camp dishes or as a toiletry bag. There are a limited number at the provincial office or they can be purchased at camp on clean-up day and at the tuck shop during camp. Don't be the last one to have one! They're great! There are two different sizes.

Small bags \$5.00 Large bags \$6.00



Wonderful Week at Wa-Thik-Ane 2013

WEE CAMP TOGETHER

- July 7-9, 2013
 - July 12-14, 2013
- \$140.00 for both girl and adult

BROWNIE & GUIDE BASIC CAMPER WEEK

- Brownie: July 9-12, 2013: \$165.00
- Guide: July 7-13, 2013: \$290.00

BROWNIE & GUIDE EXPERIENCED CAMPER WEEK

- Brownie: July 14-19, 2013: \$270.00
- Guide: July 14-20, 2013: \$290.00

PATHFINDER & RANGER CHOOSE-A-CHALLENGE WEEKS 1 & 2

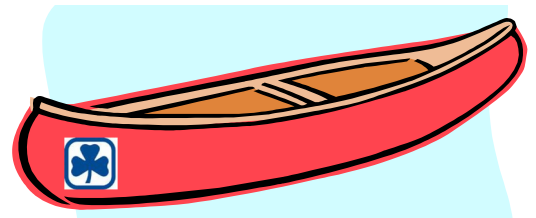
- Week 1: July 7-13, 2013
 - Week 2: July 14-20, 2013
- \$290.00 each week

GUIDE, PATHFINDER & RANGER ADVENTURE CAMP

- July 21-27, 2013: \$400.00

Click [here](#) to download the camp pamphlet including **full descriptions** of each camp.

Download the **registration form** [EN](#) | [FR](#)





Summer Camp News

Wonderful Week at Wa-Thik-Ane 2013

July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
	WEE CAMP	Brownie Basic Camper Week			WEE CAMP	
	Guide Basic Camper Week					
	Pathfinder, Ranger Choose-a-Challenge Week 1					
14	15	16	17	18	19	20
WEE CAMP	Brownie Experienced Camper Week					
	Guide Experienced Camper Week					
	Pathfinder, Ranger Choose-a-Challenge Week 2					
21	22	23	24	25	26	27
	Guide, Pathfinder, Ranger Adventure Camp					
28	29	30	31			



NEW **CAMP WA-THIK-ANE CLOTHING!**

(a BIG hit at the Guider Symposium)

- ☘ Get your Gildan t-shirt and sweatshirt
- ☘ Choose a *French* or *English* graphic
- ☘ Personalize it with your name... Guider name, camp name (these can be pretty funny)
- ☘ Delivered to the GGC Québec office once a month
- ☘ Adult and children's sizes available

Order from **Positive Identity** by filling in [this order form](#) by February 28 and receive your shirts by the end of March.



FAQs:

What if I miss the order deadline? We will continue to run monthly orders.

Any other shirts for sale? New items will be made available as we get closer to the Wonderful Week at WTA 2013.

What size should I order? Check the size chart on the order form; shirts are made large!

Comments or questions? Please contact Kelly at kellyvanzura@videotron.ca

Waterfront staff for 2013 - Our search continues...

We have a good group of guards already selected but we need some more!

Summer Camp – July 5 to July 27

The Summer Camp 2013 Team is excited to be looking for lifeguards, lifesavers and boating-qualified personnel to hire for our three weeks of summer camp. Please forward this to anyone you believe may be qualified or knows someone who is. Tell your friends!

Weekend Camps

Waterfront staff is needed on weekends when camp is rented from May to September. The girls love their lake time!

****Candidates do not need to be members of GGC. All Safe Guide procedures regarding waterfront activities will be taught to everyone hired.*

Positions to be filled:

Waterfront Director

- Qualifications:
- Must hold a current National Lifesaving Award, including First Aid & CPR
 - Must be at least 18 years of age
 - Waterfront specialty (preferred)
 - Demonstrate competence and experience in operating and facilitating activity for all boats and equipment at the waterfront
 - Resumé and reference letter(s) documenting at least two years (or 750 hours) of employment experience as a Waterfront Assistant Director or similar position
 - Must demonstrate knowledge and understanding of Safe Guide procedures for Water Activities

Lifeguard

- Qualifications:
- Must hold a current National Lifesaving Award, including First Aid & CPR
 - Preferably over 18 years of age

Lifesaver



- Qualifications:
- Hold a current Bronze Cross Award from the Lifesaving Society of Canada
 - Current Emergency First Aid is an asset
 - Be at least 16 years of age

Boating Specialist

- Qualifications:
- Hold a Flat Water – Level 2 certification from [La Fédération Québécoise du canot et du kayak \(FQCK\)](http://www.fqck.ca)

Interested candidates should forward CVs to: camping@guidesquebec.ca; those qualified will be called for an interview.

If you have any lifesaving qualifications, please [send a copy to the office](#) so it is recorded on your iMIS record.

Pathfinder and Ranger Guiders, you should ask your girls if they are qualified!

This time we would like to give you some fun recipes to try at your next camp - some healthy and one that is a Pathfinder favorite snack!



EASY SKILLET PASTA

Camp stove	1 kg hamburger
Big pot	2 tsp dry basil
Spoon	4 cups water
Propane	2 large cans diced tomatoes
Can opener	1 pkg dry onion soup mix
	4 cups bow tie pasta
	2 cups grated mozzarella

Brown hamburger, drain any fat. Add tomatoes, water, basil and onion soup. Bring to a boil and add pasta. Stir, return to a boil and simmer for 20 minutes, stirring often to prevent scorching. Sprinkle cheese over each serving.

POT OF GOLD

Camp stove	4 cans tomato soup
Big pot	1 Pillsbury biscuits
Cutting board	4 tomato soup cans of water
Ladle	250 gr cheese
Propane	
Knife spoon	

Cut cheese into small cubes. Place soup and water in pot and bring to a boil. Cut biscuits into 4 pieces and wrap each piece around a cube of cheese. Drop into boiling soup and simmer, uncovered for about 10 minutes, or until dough is cooked. Stir often to prevent soup from burning.

TRASH

Camp stove	¼ lb butter
Medium pot	1 cup peanut butter
Spoon	1 box Crispix cereal
Propane	1 – 283 gr bag chocolate chips
Big bowl	250 gr icing sugar
Grocery bag	

Melt the butter, chocolate chips and peanut butter over low heat. Pour the Crispix into large bowl. Pour the melted mixture over and gently fold ingredients together until cereal is coated. Place in grocery bag and add the icing sugar. Shake to mix.

NOTE: DOUBLE THIS RECIPE - IT WILL GO FAST!



UPCOMING TRAINING:
Understanding the Adult Learner
INTRODUCTION TO ADULT LEARNING (IAL)

Date and time to be determined based on interest

Guiders who love working with adults and want to know more about it are invited to join us for a session on Adult Learning.

Understanding the Adult Learner is intended to provide you with an introduction to:

- ◆ principles of adult learning
- ◆ learning preferences
- ◆ your role in facilitating learning
- ◆ how to evaluate learning

Understanding the adult learner is integral to how successful we are in facilitating their learning. By the end of this session, you will be familiar with the basic principles of adult learning, how we learn and what helps us to learn.

Who can benefit from this training?

- ⇒ **Unit Guiders**
- ⇒ **District Commissioners (Enrichment Training and Admin)**
- ⇒ **New Trainers (a Pre-requisite)**

So why not join us for a few hours to learn more about the topic.

REGISTRATION

Please send an **email** to training.formation@guidesquebec.ca with the information below or **fax** this page to 514-933-7591

Subject: IAL Training

Name _____ iMIS # _____ (if available)

Guider

Commissioner

Member

District _____

Telephone number: _____ email address: _____



1st St-Lazare Guides

Submitted by Catherine Forbes

QUEBEC SPIN #1: Science Badge Event / Guinness Book of World Records

Take the Lead / Guiders / Share It / Sisterhood (a Bring-A-Friend event)

For our Bring-a-friend meeting, we decided to do science round-robins as we were working on our Science badge at the time. We planned our meeting to coincide with the National Science and Technology Week (NSTW). To this end, we hosted our own NSTW event. On the [government's science website](#) there is a lot of info and news on Canada's efforts to set a new record in the Guinness Book of World Records for giving the World's Largest Science Lesson. We started the evening by showing the girls the [promotional video clip](#) for the experiment.

This meeting also provided the perfect opportunity to introduce Astronaut Chris Hadfield to the girls (which we were excited about as we had planned another project based on his upcoming space mission). We showed the girls a video clip of Chris talking about the [Guinness World Record for the World's Largest Science Lesson](#).

Although the actual Guinness event was happening in the afternoon at multiple locations across Canada, and we were meeting in the evening, we thought it would be meaningful to run the meeting on the same day and in the same manner that the official lessons were taking place, so that our girls could look back and feel like they were a part of something greater that was actually a history-making event!

QUEBEC SPIN #2: Aeronautic and Science Badges / Chris Hadfield Mission

Explore / Unit / Blog it / Learning

Given that 2012 was a big year for the Canadian space program, with the 50th Anniversary of the Alouette I and Chris Hadfield's historic space mission, we decided to focus on the girls' Aeronautics and Science badges in Beyond You, the program area we are working on this year.

We listened to an interview with Chris Hadfield. The parents were encouraged to watch Apollo 13 with their daughters (skip the first 1/2 hour of exposition) and we did a fun communication game based on a scene in the film -- "Houston, we've got a problem" - the scene where the astronauts were running out of oxygen and Ground Control had to put together a device to fix the problem (using only things that they would have on board the space craft). The trickiest part was really how would they communicate their solution -- effectively, and without seeing each other. We took the opportunity to speak to the girls about the importance of clear communication and careful listening in all our relationships.

The game: We had four parents each send in two identical sets of lego (each a 20 piece set, a mirror image of the other). We then had each of our four 3rd year Patrol leaders become the Commander and sit back to back with the 2nd year girls in their patrols, their crew. Our 1st years (Ground Crew) were handed one of the two matching sets of Lego with which to build the "replacement space ship part" -- the 2nd years were handed the mirror set. The 1st years handed their completed "part" to the Commanders who had to accurately communicate how to replicate the part to their 2nd year crews.

We also paid a visit to the Cosmodome in Laval. They created a five hour program for us that covered the Aeronautics badge and much of our Science badge.

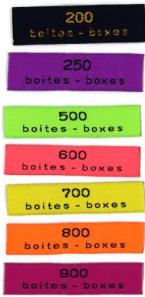
We contacted the CSA (Canadian Space Agency) and asked if they had any special CSA adhesive patches. They were delighted to send us as many as we needed, and they also sent CSA bookmarks and rulers. Best of all, we received a package of 25 beautiful sew-on CSA crests! Along with mini Canadian flags and painter's paper coveralls, we created our own spacesuits!

Dressed in our new spacesuits, we took photos of the girls pretending to be in a photo with Chris Hadfield for his online photo competition. We timed the release of the photo with Chris Hadfield's blast off -- so the girls would be reinvigorated by the mission -- he departed on December 19 and all our girls excitedly watched him take off.

VOTE FOR OUR PHOTO ONLINE [HERE!](#)

Congratulations to the 1st St-Lazare Guides and thank you to Catherine for sharing your ideas with us!

- The cookies will be arriving soon! The delivery window is **March 21- 28**
- **Cookie Day** in Canada is **Saturday, April 20**. The online booking site will open at noon on February 26. All Guiders will receive an email with the link from the national cookie team so you can reserve your spot at Sears!



- **Cookie All Stars:** The [registration site](#) is now open. Visit the [national website](#) for more information on the rewards initiative
- **Québec Cookie Ribbons:** Remember to send in your number of boxes sold using [this form](#) to order cookie ribbons, while quantities last!



Cookie Selling Tips...

incentives: challenge your girls to sell one more case each and you'll do something drastic... like dye your hair blue!

gifts: Girl Guide cookies make the perfect gift for Mother's Day or Father's Day...

facebook: use it to remind friends and family that you are now selling cookies

put up a notice: in your local church, senior citizens' home, a friend or parent's office

order forms: so friends and family can reserve a box before they're gone

eat-it-yourself: buy a box yourself and eat it! Yummy!

door-to-door: don't forget to smile, to have change, and bring along 'SORRY I MISSED YOU' cards that you can download [here](#)

& Cookie Recipes!

Did you know ALL these recipes can be found on the national website? Chocolatey Mint Chip Cookies, Chocolatey Mint Hallowe'en Hats, Mint Cookie Ice Cream Treat, Chocolatey Mint Teepees, Magic Mint Bars, Mint Chocolate Ice Cream Cake, Chocolatey Mint Muffins, Cookie Spiders, Easter Girl Guide Cookies, Festive Wreath, Double Chocolate Girl Guide Brownies, Café au Mint Chocolate Pie, Kitty Litter Cake, Chocolate Cookie Cheesecake Brownies, Cookie Diva Surprise Cups, Classic Cookie S'Mores, Sasha's Cookie and Cream Smoothie, and Girl Guide Cookie Cheesecake!

Which one will you try? Check them out [here](#).

Québec Arts Treasure Chest



Continuing challenges for 2013:

Québec p**ART**icipate Challenge - Campfire Planning 2013

Québec Celebrates 103 years of Singing

To learn more about these challenges, please contact Joan Lax or Vera Esdon, Provincial Arts Specialists: joanlax@gmail.com or veraesdon@sympatico.ca

The following items are available to borrow:

Maypole - needs at least a 9 foot ceiling

- Maypole Dance Instructions
- Maypole Dance Music (on cassette tape)
- Maypole Craft Supplies to make flower garlands

Lemi Sticks (or you can make your own with newspaper)

- Poster with Lemi Stick Song words
- Poster with Lemi Stick Game instructions

Ribbons for Ribbon Dancing

Some Maori Sticks (song and game in Jubilee Song Book)

- Poster with Maori Stick Song words

Set of Pipe Chimes with Instructions and some Music

Campfire Ribbon Ring

Large Bag of Musical Instruments (toys)



Attention All Girl Guide Leaders in Montreal

Do you want to go boating without leaving the city?

How about some badge work that involves water and boats?

Or even just a fun outing...



Well the Pointe-Claire Canoe Club is for you!

The Pointe-Claire is a great place to enjoy a leisurely afternoon paddle or just take in the beautiful waterfront. We offer variety activities in Dragon boats, Canoe and kayaks we are able to organize group activities for your Unit.

Contact us: 514-630-1256
 infocanoe@ville.pointe-claire.qc.ca
 75 ch Bord-du-Lac, Pointe-Claire, QC
 H9S 4H5

Team Building Activities

Dragon Boating is the ultimate team sport. Twenty paddle in unison, as they pace by the Drummer at the bow and are guided by a steersperson at the stern. Dragon Boat is an excellent team building activity as it uses many of the competencies that one would look for in groups -

Co-operation—Communication—Co-ordination— Challenge



Group Outings

Outings at the canoe club incorporate a variety of games and activities on and off the water. We offer safe, structured and fun activities to groups ages 7 and up animated by our qualified staff. All Pointe-Claire Canoe Club employees are trained in CPR and First Aid certified as well as having other water safety and sport-specific certifications.



- **For any group size**
- **Organized day activities according to your interests**



Badge Work

We can complete up to 80% of the Boating Safety Badge. The rest can be completed by the leaders. From the month of May to September, Pointe-Claire Canoe Club is where girls can grow both as athletes and as individuals.

Still Not Convinced? We can come to your Unit meetings with our Olympic and National team females and we can bring some boats and talk about the canoe club and why it's so great to come out and try this great sport.



Upcoming courses offered by Pulse Aide Inc.:

(tailored to the needs of GGC as per Safe Guide - July 2012)

Location: Lachute

- ◆ **Emergency First Aid Course** (8 hours) A Sunday in February or March (TBD)
8:30 a.m.- 5:30 p.m. \$100

Location: NDG

- ◆ Courses scheduled for **February** have been **CANCELLED** due to the meeting place becoming unavailable
- ◆ **Emergency First Aid Course** (8 hours) Sat., Apr. 20, 2013, 8:30 a.m.- 5:30 p.m. \$100
- ◆ **Standard First Aid Course** (16 hours) Sat., Apr. 20 and Sun., Apr. 21, 2013, 8:30 a.m. - 5:30 p.m. \$120

For more information or to register in a scheduled course,
please email **Joan Lax** at pulseaideinc@gmail.com

REMINDERS:

- ◆ **It's time to check your First Aid certification before spring and summer camping!** Don't wait until you are sending in your camping plans to the Safe Guide Assessor Team before first checking on your First Aid certification expiry date! There is NO leeway - you are either certified, or you are not. It doesn't matter if your certification expired only "yesterday", or if you have already cashed the cheques from the parents, or if you have already paid a non-refundable deposit on your campsite. You cannot be the First Aider for camp unless your certification is current and will not expire before the end of the camp. So NOW is the time to find that card and check your dates! The second thing to check is that your qualifications are duly entered into iMIS before you present your camp plans for evaluation by a Safe Guide Assessor.
- ◆ All Pulse Aide Inc. courses include the Canadian Red Cross First Aid and CPR/AED Revised Program Standards for 2013, and the new Red Cross Manual. Certification is valid for three years from the date of the certification.
- ◆ Upon completion of a recognized First Aid training, GGC-Québec Council will reimburse 2/3 of the cost for an adult Guider.

Safe Guide, our risk management program, must be completed within six months of becoming a registered Guider. Based on our Safe Guide Compliance Report, we have 23 Guiders for whom Safe Guide training is due in March 2013 and 14 Guiders due in April 2013. Please contact your DC.

DCs: To avoid any panic, book a Safe Guide training for your district NOW. Contact sg.gs@guidesquebec.ca. Give us two dates to choose from, book a location, and we'll get rolling. It will be advertised in the next *Piccolo*.



- ◆ A Safe Guide training in **Knowlton** is scheduled for **Sunday, March 3, 2013**. Details and location TBA.



IMPORTANT: If a Guider is interested in joining another district's Safe Guide training, please contact Louise at 450-247-2430 or send an email to the address above so the trainer can be notified.



WINTER ACTIVITIES: tobogganing / skating / skiing / sledding / nature walks / winter camp...

It's a wonderful time of the year to take your girls outside and have fun in a safe way. Guiders, please check **Section 4 of Safe Guide** for activity guides about the above-mentioned activities. The section on **TPSPs (Third Party Service Providers)** on page 72 also provides some helpful information where applicable. Enjoy the winter season!

COOKIE BLITZES:

Guiders: Please refer to Section 4 of *Safe Guide* for safety guidelines to consider when planning your cookie blitz.



Louise Triggs
Safe Guide Adviser
sg.gs@guidesquebec.ca



Treasurers' Trove

For Unit and District Treasurers

2013 Financial Package

The 2013 Financial Package is now available on the GGC QC website [here](#).

For those of you who have already started this year's books with the old 2012 template, there's no need to panic. Other than the dates, there are no changes between last year's and this year's form. Please take the time to update the year on your spreadsheet, or things will get messy! Here's how to do it:

1. On the Annual Financial Report, cells 7D and 8D: you need to click in each cell, then change the year on the line at the top where it says fx: 1/1/2012. Simply click on the 2012 and change it to 2013. You need to do this twice, in 7D and 8D.
2. While you are on the Annual Financial Report, don't forget to fill in your Unit name at the top, writing over the GGC Unit / Council, and your signing officers. Add an 'S' or 'F' if they are only there for half the year. You can add a new person in the fall if necessary. Also fill in your bank information further down, then you won't have to do it later, and again, the information is used on other forms (i.e. the Deposit slip) automatically.
3. Then on the Main Form, in cell 9A, click and change the year there too. If you have issues, let me know and I'll help.

Review of District-level Books

This year, we will have the District Treasurers review each other's books in a similar format as we have in past. Those who attend will be able to take their books home with them. Hope to see you all then!

When? February 23 (the same time as the DCs)

Where? Mountainside United Church, corner of The Boulevard and Lansdowne in Westmount.

Please let me know if you can attend.

Unit and District Treasurers' Handbooks

Check out the **Unit and District Treasurers' Handbooks** for help and the complete list of what must accompany your books when you send them for review. They are on the GGC Quebec website under [Forms](#), with the Financial Forms.

As always, you can reach me at finances-support@guidesquebec.ca

Dawn Coffey
Treasurer Support Specialist

News from the Provincial Office

Have you read the Accessible Customer Service and You training yet?

Information to train you on Guiding's Accessible Customer Service Policy was emailed to all adult Members last fall (subject: Your participation in Guiding). If you haven't yet, please review the [document](#) and click the [link](#) to confirm you have read the training.

If you have problems accessing the above links, please advise us at imis@guidesquebec.ca so we can send you the document and update your record once you've read it.

GGC National Scholarships - Let Guiding support you as you follow your dreams!

Remember, the deadline for applications is April 1, 2013.

You could be awarded up to \$1000 or even \$2000!

Download the [2013 National Scholarship Program Application Guide](#).

You can also read more download an application at girlguides.ca/scholarships



Spring Pre-Registration and Recruitment Campaign

Stay tuned for details in March.

Let's get a jump start on next year and make sure we reach our goals for the next Guiding year!



SAVE THE DATE

GGC Québec Council Annual General Meeting

Thursday, May 2, 2013

Crowne Plaza Hotel
6600 ch. Côte de Liesse
Montreal, QC, H4T 1E3

Stay tuned for ticket details.



The Valois Girl Guides in Pointe-Claire received a visit from Literacy Unlimited on January 22 in honour of Family Literacy Day held January 27, 2013

News from the Provincial Office

Spring 2013 Contest: DESIGN A CREST!

For the upcoming 2013-2014 guiding year, each girl who pre-registers during the spring pre-registration period will receive a **Québec Guiding 2013-2014—Guidisme Québec 2013-2014** crest, possibly created by **you!** Interested?

Here are the **rules**:

1. There must be a trefoil in your design.
2. The following bilingual text must appear:
'Québec Guiding 2013-2014—Guidisme Québec 2013-2014'
3. Email your crest design to communications@guidesquebec.ca
before March 29, 2013



And that's all. For the rest, use your creativity and let the spirit of Guiding inspire you!
(The winning crest may be adjusted to comply with GGC Brand Standards.)

The winning entry will be featured in *The Piccolo* and the winner will receive \$30 to spend shopping at the Girl Guide store!



Public Relations

Québec Girls Leading Tomorrow

Entering the third phase of our *Québec Girls Leading Tomorrow* advocacy campaign we sent out a press release on January 31st inviting all media in Québec to meet the Brand Ambassadors. We then followed up by preparing a Girl Guide press kit which included a copy of the all three press releases, a flyer, a personalized handmade invitation and an adorable felt package with a Girl Guide Québec crest. With one interview already scheduled for late March we know there will be more to come for 2013!



GGC-QC 2012-2013 Event Calendar

DATE	EVENT
February 15-17	Snow Trails – Pathfinder/Ranger/Trex winter camp
February 23	DC/Adviser/Council Meeting (½ day Saturday)
May 2	GGC-QC Annual General Meeting (AGM)
May 5	Festi-Guides: Adventure Trek
May 11	Young Women’s Forum
May 11	Wa-Thik-Ane Camp Opening and Clean-Up
May 28	DC/Adviser/Council Meeting (Tuesday, 6 p.m. - 10 p.m.)

More QC Spin Action!

The 1st Valois Guides have:



- collected food and helped pack food baskets at a food bank (**Make a difference / Unit / Photos/Share it / Community**)
- planned a Halloween party for Sparks and Brownies (**Take the lead / another branch / Photos / Sisterhood/Entertainment**)
- been to camp (multiple spins on the cycle - including **Exploring/Outdoors/Take the lead / Unit / Photos / Sisterhood/Learning/Entertainment/Environment**)
- made candles for themselves and helped to decorate a tree for

a local agency (**Explore / Unit / Photos/Make the news (our sparks were cuter though!) / Learning/Community**)

- planned a trip downtown to learn about our city and how to eat at a restaurant (**Explore / Unit / Photos/Share it / Learning**)

They are also collecting a series of photos for a slide show we are planning at the end of the Guiding year!

Now that's some Spinning!

